

**“REAP”
REFERENCES**

1. Velicer WF, Norman GJ, Fava JL, Prochaska JO. Testing 40 predictions from the transtheoretical model. *Addictive Behaviors* 24: 455-469, 1999.
2. Prochaska JO, DiClemente CC. Stages and processes of self-change of smoking: toward an integrative model of change. *Journal of Consulting and Clinical Psychology* 51(3): 390-5, 1983
3. DiClemente CC, Prochaska JO, Fairhurst SK, et al: The process of smoking cessation: an analysis of precontemplation, contemplation, and preparation stages of change. *Journal of Consultation and Clinical Psychology* 59(2):295-304, 1991.
4. Prochaska JO, DiClemente CC: Stages of change in the modification of problem behaviors. *Prog Behav Modif* 28: 183-218, 1992.
5. DiClemente CC, Scott CW: Stages of change: interactions with treatment compliance and involvement. *NIDA Res Monogr* 165: 131-56, 1997.
6. Norman GJ, Velicer WF, Fava JL, Prochaska JO: Dynamic typology clustering within the stages of change for smoking cessation. *Addictive Behaviors* 23(2):139-53, 1998.
7. Reed GR, Velicer WF, Prochaska JO, Rossi JS, Marcus BH: What makes a good staging algorithm: examples from regular exercise. *American Journal of Health Promotion* 12(1):57-66, 1997.
8. Prochaska JO, DiClemente CC, Norcross JC: In search of how people change. Applications to addictive behaviors. *American Psychology* 47(9): 1102-14, 1992.
9. DiClemente CC, Scott CW: Stages of change: interactions with treatment compliance and involvement. *NIDA Res Monogr* 165: 131-56, 1997.
10. Velasquez MM, Carbonari JP, DiClemente CC: Psychiatric severity and behavior change in alcoholism: the relation of the transtheoretical model variables to psychiatric distress in dually diagnosed patients. *Addictive Behavior* 24(4): 481-96, 1999.
11. Nigg CR, Burbank PM, Padula C, et al: Stages of change across ten health risk behaviors for older adults. *Gerontologist* 39: 473-82, 1999.
12. Bellack AS, DiClemente CC: Treating substance abuse among patients with schizophrenia. *Psychiatr Serv* 50(1): 75-80, 1999.
13. Plummer BA, Velicer WF, Redding CA, et al: Stage of change, decisional balance, and temptations for smoking: measurement and validation in a large, school-based population of adolescents. *Addictive Behaviors* 26: 551-71, 2001.
14. Velicer WF, Norman GJ, Fava JL, Prochaska JO. Testing 40 predictions from the transtheoretical model. *Addictive Behaviors* 24: 455-469, 1999.
15. Prochaska JO, Velicer WF, Fava JL, et al: Counselor and stimulus control enhancements of a stage-matched expert system intervention for smokers in a managed care setting. *Preventative Medicine* 32(1): 23-32, 2001.